



RICHFIELD/EDINA RAMPAGE YOUTH WRESTLING

WHO: Students in grades K-6

WHEN: Tuesday and Thursday Nights from 6:30-8pm

WHERE: Richfield High School Wrestling Room

SEASON: Tuesday, November 30 through Mid-March 2011

TOURNAMENTS: Tournaments are usually held on weekends

COST: The cost is \$55 and includes a Richfield/Edina Wrestling T-shirt

This activity is neither sponsored nor endorsed by the Richfield or Edina Public Schools.

Richfield/Edina RAMPAGE Youth Wrestling

It's not WWE – so forget the body slams. It's real wrestling just like in the Olympic games

It's safe

The only sport that takes place on a 1.5 inch thick, foam rubber mat.

Size does not matter

Participants of all shapes and sizes compete against others of equal weight and size.

Better your game

Develop strength, balance, flexibility and real determination. Whatever your game, wrestling benefits apply.

If you are interested, please fill out the registration from below and send it with a

check to: Richfield High School
Attn: Eric Herrmann
7001 Harriet Ave. S
Richfield, MN 55423

**Checks
should be made out to
RICHFIELD EDINA
WRESTLING.**

If you have any questions contact Dave Voigt at 612-741-2588 or
davevoigt@yahoo.com

For more information, go to www.RichfieldEdinaWrestling.com

WRESTLING BASICS CLASS FOR PARENTS

Orientation and Registration November 18, RHS Wrestling Room 6:30 pm

Wrestler's Name: _____ Age: _____
 Parent/Guardian(s) Name(s): _____ Birthdate: _____
 Address _____ Grade: _____
 City: _____ State _____ Zip _____ T-shirt Size (Youth or Adult S-XL): _____
 Phone: _____ Email _____

I give permission to my son/daughter to participate in Richfield Youth Wrestling (RYW) activities. I further understand that participation in such activities may cause injury to my son/daughter just by the nature of the activity. I take full responsibility for any injuries suffered by my son/daughter and will hold RYW and all coaches, partners and any representatives harmless for any injury, loss or damage. I further assure that my son/daughter has no health problems that would prevent them from full participation in the activities involved. I also fully release RYW and all coaches, partners and any representatives of any liability, loss, or legal action.

Signature of Parent or Guardian: _____ Date: _____